

AVOCADO LIME RICE

YIELD: Makes 4-5 servings

INGREDIENTS:

4-5 cups cooked brown rice (preferably day old)
2 medium ripe avocados
2 Tablespoons fresh lime juice
1/4 teaspoon ground cumin
1 clove garlic, minced
Salt and freshly ground black pepper, to taste

DIRECTIONS:

In a large mixing bowl, mash avocados. Stir in lime juice, cumin and garlic. Season with salt and pepper, to taste. Stir in warm cooked rice and serve.

Enjoy!