

Education of Registered Naturopathic Doctors in Ontario

Naturopathic Doctors (NDs) obtain comprehensive and rigorous training in an educational structure similar to that of medical doctors.

NDs require three years of pre-med postsecondary education, plus four years of full-time study at an approved college of naturopathic medicine.

The four-year, full-time naturopathic program incorporates over 4,500 hours of classroom training in medical science courses, clinical sciences and naturopathic therapies, as well as 1500 hours of supervised clinical experience.

Graduates from accredited naturopathic colleges receive the designation, Doctor of Naturopathic Medicine (ND).

Following the completion of their program, NDs must successfully complete the Naturopathic Physicians Licensing Examinations (NPLEX) in order to qualify for licensing.

NPLEX is the standard examination used by all regulated provinces and states across North America.

NDs are also required to earn continuing education credits on an ongoing basis to maintain their registration and good standing with the regulatory body.

There are seven accredited naturopathic colleges in North America:

Canada

The Canadian College of Naturopathic Medicine (CCNM) Toronto, Ontario

Boucher Institute of Naturopathic Medicine, British Columbia

U.S.A

Bastyr University, Seattle, Washington

National College of Natural Medicine, Portland, Oregon

Southwest College of Naturopathic Medicine, Tempe, Arizona

University of Bridgeport College of Naturopathic Medicine, Bridgeport, Connecticut

Regulation of Naturopathic Medicine in Canada

In Canada, naturopathic medicine is regulated in BC, Saskatchewan, Manitoba and Ontario, with legislation pending in Alberta and Nova Scotia.

Licensed NDs complete internationally standardized board exams upon completion of their degree, and, where there is legislation, they are also self-regulated in the same way MDs are.

For more information regarding the regulation of naturopathic medicine and naturopathic doctors in Canada, please visit www.boardofnaturopathicmedicine.on.ca

For more information about naturopathic associations and the services they offer to the public, please visit www.oand.org or www.cand.ca.